



Harvest Appeal Shopping Guide

Foodstuffs

Tinned Fruit & Vegetables
Tinned Meat & Fish
Tea & Coffee
Sugar & Flour
Table Sauces

Soup
Pasta & Rice
Dried Fruit
Long Life Fruit Juice
Long Life Milk

Other Items

Tea Towels
Cleaning Products
Kitchen Rolls
Toilet Rolls
Shampoo/Conditioner

Sanitary Towels
Nappies
Bath towels/flannels
Toothbrush/paste

Art & Craft Equipment

Paint & brushes
Colouring pencils
Crayons
Stencils
Glue sticks
Wet glue

Pipe cleaners
Copier Paper
Coloured paper
Overalls
Play dough
Children's Scissors

Anything arty or crafty will be gratefully received and sent to the Transylvania Autism Association for their ongoing therapy work with young autistic children.